

ANNEX I

SUMMARY OF PRODUCT CHARACTERISTICS

▼ This medicinal product is subject to additional monitoring. This will allow quick identification of new safety information. Healthcare professionals are asked to report any suspected adverse reactions. See section 4.8 for how to report adverse reactions.

1. NAME OF THE MEDICINAL PRODUCT

Ryeqo 40 mg/1 mg/0.5 mg film-coated tablets

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each film-coated tablet contains 40 mg relugolix, 1 mg estradiol (as hemihydrate), and 0.5 mg norethisterone acetate.

Excipient with known effect

Each film-coated tablet contains approximately 80 mg of lactose monohydrate.

For the full list of excipients, see section 6.1.

3. PHARMACEUTICAL FORM

Film-coated tablet.

Light yellow to yellow, round film-coated tablet of 8 mm with “415” on one side and plain-faced on the other side.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

Ryeqo is indicated for treatment of moderate to severe symptoms of uterine fibroids in adult women of reproductive age.

4.2 Posology and method of administration

Posology

One tablet of Ryeqo must be taken once daily, at about the same time with or without food. Tablets should be taken with some liquid as needed (see section 5.2).

In patients with risk factors for osteoporosis or bone loss, a dual X-ray absorptiometry (DXA) is recommended prior to starting Ryeqo treatment (see section 4.4).

When starting treatment, the first tablet must be taken within 5 days of the onset of menstrual bleeding. If treatment is initiated on another day of the menstrual cycle, irregular and/or heavy bleeding may initially occur.

Pregnancy must be ruled out prior to initiating treatment with Ryeqo.

Ryeqo can be taken without interruption. Discontinuation should be considered when the patient enters menopause, as uterine fibroids are known to regress when menopause begins. A DXA scan is recommended after 1 year of treatment (see section 4.4).

Contraceptive properties of Ryeqo

Any hormonal contraception needs to be stopped prior to initiation of treatment, as concomitant use of hormonal contraceptives is contraindicated (see section 4.3).

Nonhormonal methods of contraception must be used for at least 1 month after initiation of treatment.

After at least one month of Ryeqo use, Ryeqo inhibits ovulation in women taking the recommended dose and provides adequate contraception.

Women of childbearing potential must be advised that ovulation will return rapidly after discontinuing treatment. Therefore, a discussion with the patient, regarding appropriate contraceptive methods, must therefore take place prior to discontinuing treatment and alternative contraception needs to be started immediately after discontinuation of treatment (see section 4.4).

Missed doses

If a dose is missed, treatment must be taken as soon as possible and then continue the next day at the usual time.

If doses are missed for 2 or more consecutive days, a nonhormonal method of contraception is to be used for the next 7 days of treatment (see section 4.6).

Special populations

Elderly

There is no relevant use of Ryeqo in the elderly population in the indication.

Renal impairment

No dose adjustment for Ryeqo in patients with mild, moderate, or severe renal impairment is required (see section 5.2).

Hepatic impairment

No dose adjustment for Ryeqo in patients with mild or moderate hepatic impairment is required (see section 5.2). Ryeqo is contraindicated in women with severe liver disease if liver function values have not returned to normal (see section 4.3).

Paediatric population

There is no relevant use of Ryeqo in children aged under 18 years for the indication of the treatment of moderate to severe symptoms of uterine fibroids in adult women of reproductive age.

Method of administration

Oral use.

Ryeqo can be taken with or without food. Tablets should be taken with some liquid as needed.

4.3 Contraindications

- Hypersensitivity to the active substance(s) or to any of the excipients listed in section 6.1.
- Venous thromboembolic disorder, past or present (e.g. deep venous thrombosis, pulmonary embolism).
- Arterial thromboembolic cardiovascular disease, past or present (e.g. myocardial infarction, cerebrovascular accident, ischemic heart disease).
- Known thrombophilic disorders (e.g. protein C, protein S or antithrombin deficiency or activated protein C (APC)-resistance, including Factor V Leiden (see section 4.4)).
- Known osteoporosis

- Headaches with focal neurological symptoms or migraine headaches with aura (see section 4.4).
- Known or suspected sex-steroid influenced malignancies (e.g. of the genital organs or the breasts).
- Presence or history of liver tumours (benign or malignant) (see section 4.4).
- Presence or history of severe hepatic disease as long as liver function values have not returned to normal.
- Pregnancy or suspected pregnancy and breastfeeding (see section 4.6).
- Genital bleeding of unknown aetiology.
- Concomitant use of hormonal contraceptives.

4.4 Special warnings and precautions for use

Ryeqo must only be prescribed after careful diagnosis.

Medical examination/consultation

Prior to the initiation or reinstatement of Ryeqo, a complete medical history (including family history) must be taken. Blood pressure must be measured and a physical examination must be performed guided by the contraindications (see section 4.3) and warnings for use (see section 4.4). During treatment, periodic check-ups must be carried out according to standard clinical practice.

Any hormonal contraception needs to be stopped prior to initiation of Ryeqo (see section 4.3). Nonhormonal methods of contraception must be used for at least 1 month after initiation of treatment. Pregnancy must be ruled out prior to administering or re-initiation of Ryeqo.

Risk of thromboembolic disorders

The use of medicinal products containing an estrogen and a progestogen increases the risk of arterial or venous thromboembolism (ATE or VTE) compared with no use.

The risk of ATE/VTE with Ryeqo has not been established. Ryeqo contains doses of estrogen and progestogen lower than the doses used in combined hormonal contraceptives and are provided in combination with relugolix, a gonadotropin-releasing hormone (GnRH) receptor antagonist that suppresses ovarian production of estrogen and progesterone. Estradiol levels with Ryeqo are in the range observed in the early follicular phase of the menstrual cycle (see section 5.1).

If an ATE/VTE occurs, treatment must be discontinued immediately. Ryeqo is contraindicated in women with past or present venous or arterial thromboembolic disease (see section 4.3).

Risk factors for venous thromboembolism (VTE)

The risk for venous thromboembolic complications in women using a product with an estrogen and progestogen may increase substantially in a woman with additional risk factors, particularly if there are multiple risk factors (see Table 1 below).

Table 1. Risk factors for VTE

Risk factor	Comment
Obesity (body mass index [BMI] over 30 kg/m ²)	Risk increases substantially as BMI rises.
Prolonged immobilisation, major surgery or major trauma	In these situations, it is advisable to discontinue use of the medicinal product (in the case of elective surgery at least four weeks in advance) and not resume until two weeks after complete remobilisation.
Positive family history (VTE) ever in a sibling or parent especially at a relatively early age e.g. before 50 years.	If a hereditary predisposition is suspected, the woman must be referred to a specialist for advice before using the medicinal product.
Other medical conditions associated with VTE	Cancer, systemic lupus erythematosus, haemolytic uraemic syndrome, chronic inflammatory bowel disease (Crohn's disease or ulcerative colitis) and sickle cell disease.
Increasing age	Particularly above 35 years.

The increased risk of thromboembolism in pregnancy, and particularly the 6-week period of the puerperium, must be considered (for information on “Pregnancy and lactation” see section 4.6).

Symptoms of VTE (deep vein thrombosis and pulmonary embolism)

In the event of symptoms, women must be advised to get urgent medical attention and to inform the physician that she is taking Ryeqo.

Symptoms of deep vein thrombosis (DVT) can include:

- unilateral swelling of the leg and/or foot or along a vein in the leg;
- pain or tenderness in the leg which may be felt only when standing or walking;
- increased warmth in the affected leg; red or discoloured skin on the leg.

Symptoms of pulmonary embolism (PE) can include:

- sudden onset of unexplained shortness of breath or rapid breathing;
- sudden coughing which may be associated with haemoptysis;
- sharp chest pain;
- severe light headedness or dizziness;
- rapid or irregular heartbeat.

Some of these symptoms (e.g. “shortness of breath”, “coughing”) are non-specific and might be misinterpreted as more common or less severe events (e.g. respiratory tract infections).

Risk factors for arterial thromboembolism (ATE)

Epidemiological studies have associated the use of estrogen/progestogen products with an increased risk for arterial thromboembolism (myocardial infarction) or for cerebrovascular accident (e.g. transient ischaemic attack, stroke). Arterial thromboembolic events may be fatal.

The risk for arterial thromboembolic complications in women using a product with an estrogen and progestogen may increase substantially in a woman with additional risk factors, particularly if there are multiple risk factors (see Table 2 below).

Table 2. Risk factors for ATE

Risk factor	Comment
Increasing age	Particularly above 35 years.
Smoking	Women are to be advised not to smoke if they wish to use the medicinal product.
Hypertension	
Obesity (body mass index [BMI] over 30 kg/m ²)	Risk increases substantially as BMI increases.
Positive family history (ATE) ever in a sibling or parent especially at relatively early age e.g. before 50 years.	If a hereditary predisposition is suspected, the woman must be referred to a specialist for advice before using the medicinal product.
Migraine	An increase in frequency or severity of migraine during use of the medicinal product (which may be prodromal of a cerebrovascular event) may be a reason for immediate discontinuation.
Other medical conditions associated with adverse vascular events	Diabetes mellitus, hyperhomocysteinaemia, valvular heart disease and atrial fibrillation, dyslipoproteinaemia and systemic lupus erythematosus.

Symptoms of ATE

In the event of symptoms, women must be advised to get urgent medical attention and to inform the physician that she is taking Ryeqo.

Symptoms of a cerebrovascular accident can include:

- sudden numbness or weakness of the face, arm or leg, especially on one side of the body;
- sudden trouble walking, dizziness, loss of balance or coordination;
- sudden confusion, trouble speaking or understanding;
- sudden trouble seeing in one or both eyes;
- sudden, severe or prolonged headache with no known cause;
- loss of consciousness or fainting with or without seizure.

Temporary symptoms suggest the event is a transient ischaemic attack.

Symptoms of myocardial infarction can include:

- pain, discomfort, pressure, heaviness, sensation of squeezing or fullness in the chest, arm, or below the breastbone;
- discomfort radiating to the back, jaw, throat, arm, stomach;
- feeling of being full, having indigestion or choking;
- sweating, nausea, vomiting or dizziness;
- extreme weakness, anxiety, or shortness of breath;
- rapid or irregular heartbeats.

Risk of bone loss

In some women treated with Ryeqo, who had normal bone mineral density (BMD) at start of treatment, a bone loss varying from > 3-8% was reported.

Therefore, a DXA scan is recommended after the first 52 weeks of treatment to verify that the patient does not have an unwanted degree of BMD loss, that exceeds the benefit of treatment with Ryeqo.

The benefits and risks of Ryeqo in patients with a history of a low trauma fracture or other risk factors for osteoporosis or bone loss, including those taking medications that may affect BMD, should be considered prior to initiating treatment. It is recommended to perform a DXA scan before commencing treatment with Ryeqo in these patients. Ryeqo should not be initiated if the risk associated with BMD loss exceeds the potential benefit of the treatment.

Liver tumours or liver disease

Ryeqo is contraindicated in women with liver tumours, benign or malignant; or liver disease as long as liver function values have not returned to normal (see section 4.3). Treatment must be discontinued if jaundice develops.

In clinical trials, asymptomatic transient elevations of serum alanine aminotransferase (ALT) at least 3 times the upper limit of the reference range occurred in < 1% of participants treated with Ryeqo. Acute liver test abnormalities may necessitate the discontinuation of Ryeqo use until the liver tests return to normal.

Renal impairment

The exposure to relugolix is increased in patients with moderate or severe renal impairment (see section 5.2), although no dose adjustment is required (see section 4.2). The amount of relugolix removed by haemodialysis is unknown.

Change in menstrual bleeding pattern

Patients must be informed that treatment with Ryeqo usually leads to a reduction in menstrual blood loss or amenorrhoea within the first 2 months of treatment.

Women receiving Ryeqo were likely to have amenorrhoea (51.6%) or cyclic bleeding (15.4%), with the rest (31.9%) having an irregular bleeding pattern at the Week 24 assessment. Furthermore, at the Week 52 assessment 70.6% of women receiving Ryeqo were likely to have amenorrhoea.

In case of persistent excessive bleeding, patients must notify their physician.

Contraceptive properties of Ryeqo

Ryeqo provides adequate contraception when used for at least 1 month (see section 4.2). However, women of childbearing potential must be advised that ovulation will return rapidly after discontinuing treatment. Therefore, alternative contraception needs to be started immediately after discontinuation of treatment.

Reduced ability to recognise pregnancy

Women who take Ryeqo commonly experience amenorrhoea or a reduction in the amount, intensity, or duration of menstrual bleeding.

This change in menstrual bleeding pattern may reduce the ability to recognise the occurrence of a pregnancy in a timely manner. Perform pregnancy testing if pregnancy is suspected and discontinue treatment, if pregnancy is confirmed.

Uterine fibroid prolapse or expulsion

Submucosal uterine fibroids are common (15% to 20% of women with uterine fibroids) and some may prolapse through the cervix or be expelled, sometimes with transient worsening of uterine bleeding. Women known or suspected to have submucosal uterine fibroids must be advised regarding the possibility of uterine fibroid prolapse or expulsion when treated with Ryeqo, and should contact their physician if severe bleeding reoccurs after bleeding symptoms have improved while being treated with Ryeqo.

Depression

Carefully observe women with a history of depression and discontinue Ryeqo if depression recurs to a serious degree. Data are limited on the association of Ryeqo or other products containing estradiol and progestins with onset of depression or exacerbation of existing depression. Women must be advised to

contact their physician in case of mood changes and depressive symptoms, including shortly after initiating the treatment.

Hypertension

Although small increases in blood pressure have been reported in women taking Ryeqo, clinically relevant increases are rare. However, if sustained clinically significant hypertension develops during the use of Ryeqo, hypertension should be treated, and the benefit of continued therapy should be assessed. If treatment with Ryeqo is discontinued, use may be resumed if normotensive values can be achieved with antihypertensive treatment.

Gallbladder disease

Conditions such as gallbladder disease, cholelithiasis and cholecystitis have been reported to occur or worsen with estrogen and progestogen use, including Ryeqo, but the evidence of an association with Ryeqo is inconclusive.

Laboratory tests

The use of estrogens and progestogens may influence the results of certain laboratory tests, including biochemical parameters of liver, thyroid, adrenal and renal function, plasma levels of (carrier) proteins, e.g. corticosteroid binding globulin and lipid/lipoprotein fractions, parameters of carbohydrate metabolism and parameters of coagulation and fibrinolysis. Changes generally remain within the normal laboratory range.

Lactose

Patients with rare hereditary problems of galactose intolerance, total lactase deficiency or glucose-galactose malabsorption should not take this medicinal product.

4.5 Interaction with other medicinal products and other forms of interaction

Recommendations regarding interactions with Ryeqo are based on evaluations of interactions for the individual components.

Potential for other medicinal products to affect the components of Ryeqo

Relugolix

Oral P-glycoprotein (P-gp) inhibitors:

Concomitant use of Ryeqo with oral P-gp inhibitors is not recommended. Relugolix is a substrate of P-gp (see section 5.2) and in an interaction study with erythromycin, a P-gp and moderate cytochrome P450 (CYP) 3A4 inhibitor, the area under the curve (AUC) and maximum concentration (C_{max}) of relugolix were both increased by 6.2-fold. Concomitant use of P-gp inhibitors may increase the exposure of relugolix, including certain anti-infective medicinal products (e.g. erythromycin, clarithromycin, gentamicin, tetracycline), anti-fungal medicinal products (ketoconazole, itraconazole), antihypertensive medicinal products (e.g. carvedilol, verapamil), antiarrhythmic medicinal products (e.g. amiodarone, dronedarone, propafenone, quinidine), antianginal medicinal products (e.g. ranolazine), cyclosporine, human immunodeficiency virus (HIV) or hepatitis C virus (HCV) protease inhibitors (e.g. ritonavir, telaprevir). If concomitant use with once or twice daily oral P-gp inhibitors is unavoidable (e.g. azithromycin), take Ryeqo first, and separate dosing with the P-gp inhibitor by at least 6 hours and monitor patients more frequently for adverse reactions.

Strong cytochrome P450 3A4 (CYP3A4) and/or P-gp inducers:

Co-administration of Ryeqo with strong CYP3A4 and/or P-gp inducers is not recommended. In a clinical interaction study with rifampicin, a strong CYP3A4 and P-gp inducer, the C_{max} and AUC and of relugolix were reduced by 23% and 55%, respectively. Medicinal products that cause strong

CYP3A4 and/or P-gp induction, such as anticonvulsants (e.g. carbamazepine, topiramate, phenytoin, phenobarbital, primidone, oxcarbazepine, felbamate), anti-infective medicinal products (e.g. rifampicin, rifabutin, griseofulvin); St. John's wort (*Hypericum perforatum*); bosentan and HIV or HCV protease inhibitors (e.g. ritonavir, boceprevir, telaprevir) and non-nucleoside reverse transcriptase inhibitors (e.g. efavirenz), may reduce the plasma concentrations of relugolix and may result in a decrease in therapeutic effects.

CYP3A4 inhibitors

Concomitant use of relugolix with strong CYP3A4 inhibitors devoid of P-gp inhibition (voriconazole) did not increase the exposure of relugolix in a clinically-meaningful manner. Furthermore, in a clinical interaction study, concomitant administration with atorvastatin, a weak CYP3A4 enzyme inhibitor, did not change the exposure of relugolix in a clinically meaningful manner.

Estradiol and norethisterone acetate

CYP3A4 inhibitors:

Medicinal products that inhibit the activity of hepatic drug-metabolising enzymes, e.g. ketoconazole, may increase circulating concentrations of the estrogen and norethisterone components in Ryeqo.

CYP enzyme inducers:

The metabolism of estrogens and progestogens may be increased by concomitant use of substances known to induce drug-metabolising enzymes, specifically cytochrome P450 enzymes, such as anticonvulsants (e.g. phenobarbital, phenytoin, carbamazepine) and anti-infectives (e.g. rifampicin, rifabutin, nevirapine, efavirenz).

Ritonavir, telaprevir and nelfinavir, although known as strong inhibitors, are also inducers and may decrease the exposure of estrogens and progestogens.

Herbal preparations containing St John's Wort (*Hypericum perforatum*) may induce the metabolism of estrogens and progestogens. Clinically, an increase in estrogen metabolism may lead to decreased effectiveness with regard to protection of bone loss. Therefore, long-term concomitant use of liver enzyme inducers with Ryeqo is not recommended.

Potential for the components of Ryeqo to affect other medicinal products

Relugolix:

Relugolix is a weak inducer of CYP3A4. After co-administration with daily 40 -mg doses of relugolix, the AUC and C_{max} of midazolam, a sensitive CYP3A4 substrate, were decreased by 18% and 26%, respectively. However, based on the clinical study with midazolam, clinically meaningful effects of relugolix on other CYP3A4 substrates are not expected.

Relugolix is an inhibitor of breast cancer resistant protein (BCRP) *in vitro*, therefore, an interaction study was conducted with rosuvastatin, a BCRP and organic anion transporting polypeptide 1B1 (OATP1B1) substrate. After co-administration with daily 40-mg doses of relugolix, the AUC and C_{max} of rosuvastatin were decreased by 13% and 23%, respectively. The effects are not considered clinically meaningful and therefore no dose-adjustments of rosuvastatin upon concomitant use are recommended. Clinical effects of Ryeqo on other BCRP substrates have not been evaluated and the relevance for other BCRP substrates is unknown.

Relugolix may cause saturation of intestinal P-gp at the 40 mg dose, as relugolix exhibits more than dose proportional pharmacokinetics over the dose range of 10-120 mg, which could result in increased absorption of co-administered medicines that are sensitive substrates of P-gp. No clinical interaction studies have been conducted with P-gp substrates such as dabigatran etexilate or fexofenadine. Therefore, co-administration with sensitive P-gp substrates is not recommended.

Estradiol and norethisterone acetate:

Estrogen and progestogen medicinal products may affect the metabolism of certain other active substances. Accordingly, plasma concentrations may either increase (e.g. cyclosporin) or decrease (e.g. lamotrigine) with use of Ryeqo. Dose adjustment of these medicinal products may be necessary.

4.6 Fertility, pregnancy and lactation

Women of childbearing potential

Ryeqo inhibits ovulation in women taking the recommended dose and provides adequate contraception. A nonhormonal contraceptive method is recommended for use for 1 month after initiation of treatment and for 7 days following 2 or more missed consecutive doses. Concomitant use of hormonal contraceptives is contraindicated (see section 4.3).

Women of childbearing potential must be advised that ovulation will return rapidly after discontinuing Ryeqo. A discussion with the patient, regarding appropriate contraceptive methods, must therefore take place prior to discontinuing treatment and alternative contraception needs to be started immediately after discontinuation of treatment (see section 4.4).

Pregnancy

There is a limited amount of data from the use of relugolix in pregnant women. Studies in animals have shown that exposure to relugolix early in pregnancy may increase the risk of early pregnancy loss (see section 5.3). Based on the pharmacological effects, an adverse effect on pregnancy cannot be excluded.

Ryeqo is contraindicated during pregnancy (see section 4.3). Discontinue use of treatment if pregnancy occurs.

There appears to be little or no increased risk of harmful effects in children born to women who have used estrogens and progestogens as an oral contraceptive inadvertently during early pregnancy. The increased risk of VTE during the postpartum period must be considered when re-starting Ryeqo (see section 4.4).

Breast-feeding

Results from nonclinical studies indicate that relugolix is excreted into the milk of lactating rats (see section 5.3). No data are available regarding the presence of relugolix or its metabolites in human milk or its effect on the breastfed infant. Detectable amounts of estrogen and progestogens have been identified in the breast milk of women receiving estrogen plus progestogen therapy. An effect on breastfeeding newborns/infants cannot be excluded.

Breastfeeding is contraindicated during the use of Ryeqo (see section 4.3) and for 2 weeks following discontinuation of Ryeqo.

Fertility

Ryeqo inhibits ovulation and often causes amenorrhoea. Ovulation and menstrual bleeding will return rapidly after discontinuing treatment (see section 5.1).

4.7 Effects on ability to drive and use machines

Ryeqo has no or negligible influence on the ability to drive and use machines.

4.8 Undesirable effects

Summary of the safety profile

The most frequent adverse drug reactions were hot flush (8.3%) and uterine bleeding (4.7%).

Tabulated list of adverse drug reactions

Adverse drug reactions listed in Table 3 are classified according to frequency and system organ class. Within each frequency grouping, adverse drug reactions are presented in order of decreasing seriousness. Frequencies are defined as very common ($\geq 1/10$), common ($\geq 1/100$ to $< 1/10$), uncommon ($\geq 1/1,000$ to $< 1/100$), rare ($\geq 1/10,000$ to $< 1/1,000$), very rare ($< 1/10,000$), and not known (cannot be estimated from available data).

Table 3. Adverse drug reactions

Psychiatric disorders	
Common	Irritability
Vascular disorders	
Common	Hot flush
Gastrointestinal disorders	
Common	Dyspepsia
Skin and subcutaneous tissue disorders	
Common	Alopecia Hyperhidrosis Night sweats
Reproductive system and breast disorders	
Common	Uterine bleeding* Breast cyst Libido decreased
Uncommon	Uterine myoma expulsion

* includes menorrhagia and metrorrhagia

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system listed in [Appendix V](#).

4.9 Overdose

Single doses of relugolix up to 360 mg (9 times the recommended clinical dose of 40 mg) have been administered to healthy men and women and were generally well tolerated.

Overdoses up to 2 times the recommended dose have been reported during the clinical development of relugolix in combination with estradiol and norethisterone acetate without reports of adverse events. Supportive care is recommended if an overdose occurs. The amount of relugolix, estradiol or norethisterone removed by haemodialysis is unknown.

Serious ill effects have not been reported following acute ingestion of large doses of estrogen-containing drug products by young children. Overdose of estradiol and norethisterone acetate may cause nausea and vomiting, and withdrawal bleeding may occur in women.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Pituitary and hypothalamic hormones and analogues, anti-gonadotrophin-releasing hormones, ATC code: H01CC54

Mechanism of action

Relugolix is a non-peptide GnRH receptor antagonist that binds to and inhibits GnRH receptors in the anterior pituitary gland. In humans, inhibition of GnRH receptor results in a dose dependent decrease in the release of luteinizing hormone (LH) and follicle-stimulating hormone (FSH) from the anterior pituitary gland. As a result, circulating concentrations of LH and FSH are reduced. The reduction in FSH concentrations prevents follicular growth and development, thereby reducing the production of estrogen. Prevention of an LH surge inhibits ovulation and development of the corpus luteum, which precludes the production of progesterone. Therefore, Ryego provides adequate contraception when taken for at least 1 month (see section 4.2).

Estradiol is the same as the endogenously produced hormone and is a potent agonist of the nuclear estrogen receptor (ER) subtypes. Exogenously administered estradiol alleviates symptoms associated with a hypoestrogenic state, such as vasomotor symptoms and bone mineral density loss.

Norethisterone acetate is a synthetic progestogen. As estrogens promote the growth of the endometrium, unopposed estrogens increase the risk of endometrial hyperplasia and cancer. The addition of a progestogen reduces the estrogen-induced risk of endometrial hyperplasia in non-hysterectomised women.

Pharmacodynamic effects

Effects on pituitary and ovarian hormones

After administration of relugolix, rapid, dose-dependent decreases in circulating concentrations of LH, FSH, and estradiol are observed. Near maximum decreases in estradiol concentrations is noted with a 40-mg dose to within the postmenopausal range. Across clinical studies, average estradiol concentrations were consistently maintained at least 10 pg/mL higher with Ryego compared with relugolix alone. In the phase 3 clinical studies with Ryego, median estradiol predose concentrations after 24 weeks were approximately 33 pg/mL, corresponding with estradiol concentrations associated with the early follicular phase of the menstrual cycle. Progesterone levels were maintained at < 3.0 ng/mL with Ryego.

Effects on ovulatory function

In a single cohort study in healthy premenopausal women, administration of Ryego once daily for 84 days substantially suppressed follicular growth throughout the 84-day treatment period (mean dominant follicle size of approximately 6 mm) and ovulation was inhibited in 100% of women as assessed by the Hoogland-Skouby score. After discontinuation of treatment, all women assessed (66 of 67) returned to ovulation within 43 days (mean 23.5 days).

Efficacy and safety over 24 weeks

The efficacy and safety of Ryego once daily was assessed in two replicate, 24-week, multinational, randomised, double-blind, placebo-controlled studies in patients aged 18 – 50 with heavy menstrual bleeding associated with uterine fibroids. Patients were required to have uterine fibroids confirmed by ultrasound and menstrual blood loss (MBL) volume of ≥ 80 mL, as assessed by the alkaline hematin method.

Both studies had 3 treatment arms: Women were randomised to receive relugolix 40 mg + estradiol 1 mg and norethisterone acetate 0.5 mg (E2/NETA) (Ryego) for 24 weeks, or placebo for 24 weeks, or relugolix 40 mg for 12 weeks followed by relugolix 40 mg co-administered with E2/NETA for 12 weeks. The median age of women was 42 years, and mean

body mass index was 31.7 kg/m². Approximately 49.4% of women were Black, 44.7% were White, and 5.9% were of other races.

Reduction in heavy menstrual bleeding

In both studies, a statistically significant higher percentage of responders, defined as MBL volume of < 80 mL and at least a 50% reduction from baseline in MBL volume, was observed in favour of women treated with Ryego compared with placebo (Table 4). Reductions in MBL volume were seen as early as the first assessment (Week 4). The results for other secondary endpoints related to bleeding are as shown in Table 4. All key secondary endpoints were alpha-controlled.

Table 4. Results of primary and selected secondary efficacy assessments in study 1 and study 2

	Study 1		Study 2	
	Ryego (N = 128)	Placebo (N = 127)	Ryego (N = 125)	Placebo (N = 129)
Number (%) of responders ^{a,b}	94 (73.4%)	24 (18.9%)	89 (71.2%)	19 (14.7%)
Number (%) of patients with MBL < 80 mL	97 (75.8%)	34 (26.8%)	97 (73.6%)	25 (19.4%)
Number (%) of patients with ≥ 50% reduction in MBL volume	101 (78.9%)	28 (22.1%)	96 (76.8%)	28 (21.7%)
Number (%) of patients with amenorrhoea ^{b,c}	67 (52.3%)	7 (5.5%)	63 (50.4%)	4 (3.1%)
Number (%) of patients with > 2 g/dL improvement in haemoglobin levels ^d	15 (50.0%)	5 (21.7%)	19 (61.3%)	2 (5.4%)
Number (%) of patients who achieved NRS ≤ 1 ^{b,e}	25 (43.1%)	7 (10.1%)	32 (47.1%)	14 (17.1%)
Percent change in primary uterine fibroid volume	-12.4 (5.62)	-0.3 (5.40)	-17.4 (5.93)	-7.4 (5.92)
Percent change in uterine volume	-12.9 (3.08)	2.2 (3.01)	-13.8 (3.39)	-1.5 (3.37)

^a A responder is defined as a woman who achieved both a MBL volume of < 80 mL and at least a 50% reduction from baseline in MBL volume over the last 35 days of treatment.

^b p-value < 0.0001 is comparison of Ryego vs placebo stratified by baseline MBL volume (< 225 mL, ≥ 225 mL) and geographic region (North America, Rest of World).

^c Amenorrhoea is defined as reported amenorrhoea, spotting, or negligible bleeding (MBL < 5 mL) with supporting eDiary compliance at 2 consecutive visits.

^d In patients with a baseline Haemoglobin level ≤ 10.5 g/dL

^e In patients with moderate or severe pain at baseline

Abbreviations: E2 = estradiol; MBL = menstrual blood loss; NETA = norethisterone acetate; NRS = numerical rating scale; UFSQoL= uterine fibroid symptom and quality of life

Bone mineral density (BMD) measurements over 104 weeks

The effect of Ryego on BMD was evaluated by DXA every 12 weeks. A total of 477 women who completed the 24-week pivotal studies (Study 1 and 2) were enrolled into a 28-week, open-label, single-arm extension study (Study 3), where all women received Ryego. A total of 228 women who completed the extension study were enrolled into an additional 52-week study (randomised withdrawal study) where they were re-randomised to receive either Ryego or placebo (see Table 5).

Table 5. Bone mineral density (BMD) measurements over 104 weeks

	<u><i>Ryeqo</i></u> (<i>N</i> = 163)	<u><i>Placebo</i></u> (<i>N</i> = 164)
Lumbar spine (L1 – L4)		
<i>Study 1 & 2</i>		
<i>Baseline</i>		
N	163	164
LS means	1.2	1.3
(95% CI)	(1.1663; 1.2219)	(1.2223; 1.2796)
<i>Week 12</i>		
N	145	146
LS means % change^a	-0.368	0.403
(95% CI)	(-0.8117; 0.0757)	(-0.0811; 0.8866)
<i>Week 24</i>		
N	153	156
LS means % change^a	-0.229	0.241
(95% CI)	(-0.6930; 0.2358)	(-0.2432; 0.7164)
Study 3	<u><i>Ryeqo</i></u>	<u><i>Placebo</i></u> → <u><i>Ryeqo</i></u>
<i>Week 36</i>		
N	154	138
LS means % change^a	-0.726	-0.246
(95% CI)	(-1.2329; -0.2185)	(-0.7906; 0.2983)
<i>Week 52</i>		
N	132	120
LS means % change^a	-0.804	-0.775
(95% CI)	(-1.3578; -0.2503)	(-1.3246; -0.2261)
Randomised withdrawal study	<u><i>Ryeqo</i></u>	<u><i>Placebo</i></u>
<i>Week 104</i>		
N	82	78
LS means % change^b	0.81	0.10
(95% CI)	(0.20; 1.42)	(-0.52; 0.72)

Abbreviations: LS mean = least squares mean; E2 = estradiol; NETA = norethisterone acetate

^a % change from baseline

^b % change from week 52 assessment

In the Ryeqo group, LS mean percent changes from baseline in BMD to week 36 and week 52 at the lumbar spine were -0.73% and -0.80%, respectively. While the upper bound of the 95% CI for week 52 was below 0, the mean change from baseline was not considered clinically meaningful because the lower bound remained greater than -2.2%, the threshold considered clinically meaningful. The placebo group who subsequently received Ryeqo after 24 weeks of placebo treatment showed similar percent change in BMD, from baseline at the lumbar spine. During the randomised withdrawal study the LS mean percent change from the week 52 assessment in the Ryeqo group was 0.81%, whilst for those patients who completed 104 weeks of Ryeqo treatment the LS mean percent change from baseline was 0.04% (n = 32).

BMD measurements over 12 weeks in women treated with relugolix monotherapy

In women treated with relugolix monotherapy for 12 weeks, in studies 1 and 2, BMD at the lumbar spine decreased by -2.0% and -1.92%, respectively from baseline. The difference in percent change in BMD between women treated with Ryeqo and relugolix monotherapy at Week 12 was statistically

significant, demonstrating the effectiveness of using relugolix in combination with E2/NETA (Ryeqo) to mitigate bone loss.

To compare effects of Ryeqo on percent change in BMD over 52 weeks treatment, an observational study of untreated age-matched women with uterine fibroids was conducted to characterise longitudinal BMD of premenopausal women aged 18-50 years (natural history study). The percentage changes in BMD with Ryeqo for up to 52 weeks of treatment are consistent with those observed in this age-matched cohort of premenopausal women with uterine fibroids. Mean percent changes in BMD over 52 weeks indicated a slight decrease in BMD in age groups of 35 and older which was only slightly lower in women who received Ryeqo in comparison to women of this age group in the natural history study.

Effects on endometrium

A subset of women underwent endometrial biopsy at baseline and at Week 24 and at Week 52. No cases of endometrial hyperplasia were identified.

Paediatric population

The European Medicines Agency has waived the obligation to submit the results of studies with Ryeqo in all subsets of the paediatric population in treatment of leiomyoma of the uterus (see section 4.2 for information on paediatric use).

5.2 Pharmacokinetic properties

The pharmacokinetic parameters of relugolix, estradiol (E2), total estrone (E1), and norethisterone (NET) following oral administration of a single Ryeqo tablet to healthy postmenopausal women under fasted conditions are summarized in Table 6.

Table 6. Single dose pharmacokinetic parameters of relugolix, estradiol, total estrone, and norethisterone in post-menopausal women

	Relugolix	Estradiol (E2)	Unconjugated Estrone (E1)	Norethisterone (NET)
AUC _{0-∞} (ng*hr/mL or pg*hr/mL)	198.1 (111.6)	818.7 (334.4)	4126 (1650)	17.5 (8.46)
C _{max} (ng/mL or pg/mL)	25.99 (18.21)	27.95 (19.15)	188.4 (59.09)	3.57 (1.43)
T _{max} (hr)	2.00 (0.25, 5.00)	7.00 (0.25, 24.00)	6.00 (2.00, 12.00)	1.01 (0.50, 4.00)
Terminal t _{1/2} (hr)	61.5 (13.2)	16.6 (7.67)	15.9 (6.52)	10.9 (3.05)

Abbreviations: AUC_{0-∞} = area under the concentration-time curve from time 0 extrapolated to infinity; C_{max} = maximum observed concentration; E1 = estrone; E2 =estradiol; NET = norethisterone; T_{max} = time to the maximum observed concentration; t_{1/2} = half-life

Note: Baseline-adjusted pharmacokinetic parameters for estradiol and unconjugated E1 are presented in this table. Arithmetic means and standard deviations are shown except for t_{max}, where median and range (minimum, maximum) are shown. AUC_{0-∞} is presented in ng*hr/mL for relugolix and NET and in pg*hr/mL for unconjugated E2 and unconjugated E1. C_{max} is presented in ng/mL for relugolix and NET and in pg/mL for unconjugated E2 and unconjugated E1.

The pharmacokinetic parameters of relugolix, estradiol (E2), total estrone (E1), and norethisterone (NET) at steady state after once daily administration of Ryeqo for 6 weeks to healthy premenopausal women are summarized in Table 7.

Table 7. Multi-dose pharmacokinetic parameters of relugolix, estradiol, total estrone, and norethisterone in pre-menopausal women

	Relugolix	Estradiol (E2)	Unconjugated Estrone (E1)	Norethisterone (NET)
AUC ₀₋₂₄ (ng*hr/mL or pg*hr/mL)	157 (94.7)	784 (262)	4450 (1980)	25.5 (11.4)
C _{max} (ng/mL or pg/mL)	26 (21.4)	46.8 (17.3)	303 (137)	5.21 (1.53)
T _{max} (hr)	3 (0.5, 6)	3 (0.50, 12.00)	4 (1, 8.08)	1 (1, 2)
Effective t _{1/2} (hr)	~25	17.1 (4.03)	13.9 (4.14)	8.28 (1.87)

Abbreviations: AUC₀₋₂₄ = area under the concentration-time curve during a dosing interval (24);

C_{max} = maximum observed concentration; E1 = estrone; E2 = estradiol; NET = norethisterone; t_{max} = time to the maximum observed concentration.

Note: arithmetic means and standard deviations are shown except for t_{max}, where median and range (minimum, maximum) are shown. AUC₀₋₂₄ is presented in ng*hr/mL for relugolix and NET and in pg*hr/mL for unconjugated E2 and unconjugated E1. C_{max} is presented in ng/mL for relugolix and NET and in pg/mL for unconjugated E2 and unconjugated E1. Effective half-life for relugolix is estimated from accumulation ratios based on AUC values after multiple-dose administration of relugolix at 40 mg.

Absorption

The absorption of relugolix after oral administration is primarily mediated by the P-gp efflux transporter, for which relugolix is a substrate. After oral administration, relugolix is rapidly absorbed, reaching an initial peak by 0.25 hours postdose followed by one or more subsequent absorption peaks through up to 12 hours postdose. The absolute bioavailability of relugolix is 11.6%. After administration of Ryeqo with a high-fat, high-calorie meal, the AUC_{0-∞} and C_{max} of relugolix were decreased by 38% and 55%, respectively, compared with the fasted state.

After oral administration of a single dose of Ryeqo in the fasted state, unconjugated estradiol concentrations increased slowly with mean concentrations reaching peak concentrations at 8 hours postdose. After administration of Ryeqo following consumption of a high-fat, high-calorie meal, no clinically meaningful effects of food on the exposure to estradiol or estrogenic metabolites were observed.

After oral administration, norethisterone acetate undergoes rapid biotransformation in the intestine and liver to norethisterone (NET). After oral administration of a single dose of Ryeqo in the fasted state, NET concentrations were initially quantifiable at 0.5 hours postdose, increasing rapidly thereafter with mean concentrations reaching peak concentrations within 1 hour.

Food effects

Administration with food reduced the AUC and C_{max} of relugolix by 38% and 55%, respectively, relative to fasted conditions; however, the decrease in exposure to relugolix is considered not to be clinically meaningful. No clinically meaningful effects of food on the exposure to estradiol, estrogenic metabolites, or norethisterone were observed.

Distribution

Relugolix is 68% to 71% bound to human plasma proteins with a mean whole blood-to-plasma ratio of 0.78. Estradiol and norethisterone circulating in the blood bind to a similar extent to sex hormone-binding globulin (SHBG; 36% to 37%) and to albumin (61%), while only approximately 1-2% are unbound. The value for apparent volume of distribution (V_z) of 19 x 10³ L derived from the absolute bioavailability study after intravenous administration indicates that relugolix distributes widely into tissues. The distribution of exogenous and endogenous estradiol is similar. Estrogens are widely distributed in the body and are generally found in higher concentrations in the sex hormone target organs.

Biotransformation

In vitro studies indicate that the primary CYP enzymes contributing to the overall hepatic oxidative metabolism of relugolix were CYP3A4/5 (45%) > CYP2C8 (37%) > CYP2C19 (< 1%) with the oxidative metabolites, metabolite-A and metabolite-B, formed by CYP3A4/5 and CYP2C8, respectively.

The metabolism of exogenous and endogenous estradiol is similar. Metabolism of estradiol occurs mainly in the liver and the gut but also in target organs and involves the formation of less active or inactive metabolites, including estrone, catecholestrogens and several estrogen sulphates and glucuronides. Estrogens are excreted with the bile, hydrolysed and reabsorbed (enterohepatic circulation), and mainly eliminated in urine in biologically inactive form. Oxidation of estrone and estradiol involves cytochrome P450 enzymes, mainly CYP1A2, CYP1A2 (extra hepatic), CYP3A4, CYP3A5, and CYP1B1 and CYP2C9.

The most important metabolites of norethisterone are isomers of 5alpha-dihydro-norethisterone and tetrahydro-norethisterone, which are excreted mainly in the urine as sulphate or glucuronide conjugates.

Elimination

Once absorbed, approximately 20% of relugolix is eliminated as unchanged active substance in the urine and 80% is eliminated through metabolism by multiple minor metabolic pathways and/or biliary secretion of unchanged active substance. Approximately 38% of the administered dose is excreted as metabolites (other than metabolite-C) in the faeces and urine. Metabolite-C, which is formed by intestinal microflora, is the primary metabolite in faeces (51%) and further reflects non-absorbed active substance.

The mean terminal phase elimination half-life ($t_{1/2}$) of relugolix, estradiol, and norethisterone following single-dose administration of the Ryeqo tablet are 61.5 hours, 16.6 hours, and 10.9 hours, respectively. Steady state of relugolix is reached after 12 to 13 days of once daily administration. The degree of accumulation of relugolix upon once daily administration is approximately 2-fold, reflecting an effective half-life of approximately 25 hours and supporting once daily administration of relugolix.

The accumulation for E2 and NET upon once daily administration are reported to be 33% to 47%, although when co-administered with relugolix, a weak inducer of intestinal (pre-systemic) CYP3A-mediated metabolism, the accumulation for E2 is expected to be similar or slightly lower.

Linearity/non-linearity

Relugolix is associated with greater than proportional increases in exposure with respect to dose, within the dose range from 1 to 80 mg, which is most pronounced at doses greater than 20 mg; and thought to be related to the saturation of intestinal P-gp, resulting in an increase in oral bioavailability. The pharmacokinetics of relugolix upon once daily administration of 40 mg relugolix is time independent.

Special populations

The single-dose pharmacokinetic parameters were not different between Japanese and Caucasian healthy subjects, indicating absence of ethnic sensitivity on the pharmacokinetics of relugolix. Population PK analysis suggests that there are no clinically meaningful differences in exposure of relugolix based on age, race or ethnicity, weight, or BMI. As both estradiol and norethisterone acetate are well known components of hormonal combination products, no studies in special populations were conducted.

Renal impairment

After administration of a single 40-mg dose of relugolix to patients with severe renal impairment, the exposure $AUC_{0-\infty}$ and C_{max} of relugolix were increased by 1.5- and 1.1-fold, respectively, compared with healthy control subjects with normal renal function. After administration of a single 40-mg dose of relugolix to patients with moderate renal impairment, the exposure $AUC_{0-\infty}$ and C_{max} of relugolix both were increased by 1.5-fold compared with healthy control subjects with normal renal function. Mild renal impairment was not a significant covariate for any of the pharmacokinetic parameters of relugolix in a population pharmacokinetic model. Although caution should be used to treat patients with moderate or severe renal impairment (see section 4.4), no dose adjustments with Ryeqo in patients with mild, moderate or severe renal impairment are required (see section 4.2).

The effect of end-stage renal disease with or without haemodialysis on the pharmacokinetics of estradiol, norethisterone and relugolix, the components of Ryeqo, in premenopausal women have not been evaluated. The amount of relugolix, estradiol or norethisterone removed by haemodialysis is unknown.

Hepatic impairment

Ryeqo must not be used in patients with severe hepatic impairment (see section 4.3). No dose adjustments for Ryeqo in patients with mild or moderate hepatic impairment are required (see section 4.2). After administration of a single 40-mg dose of relugolix to patients with mild hepatic impairment, the $AUC_{0-\infty}$ and C_{max} of relugolix were decreased by 31% and 24%, respectively, compared with healthy control subjects with normal hepatic function. After administration of a single 40-mg dose of relugolix to patients with moderate hepatic impairment, the $AUC_{0-\infty}$ and C_{max} of relugolix were decreased by 5% and increased by 1.2-fold, respectively, compared with healthy control subjects with normal hepatic function.

5.3 Preclinical safety data

Non-clinical studies have not been conducted with relugolix in combination with estradiol and norethisterone acetate. Non-clinical data reveal no special hazard for humans based on conventional studies of safety pharmacology, repeated dose toxicity, genotoxicity, carcinogenic potential.

Reproductive toxicity and development

In pregnant rabbits orally dosed with relugolix during the period of organogenesis, spontaneous abortion and total litter loss were observed at exposure levels (AUC) comparable to that achieved at the recommended human dose of 40 mg/day. No effects on embryofoetal development were observed in rats; however, relugolix does not interact significantly with GnRH receptors in that species.

In experimental animals, estradiol or estradiol valerate displayed an embryo lethal effect already at relatively low doses; malformations of the urogenital tract and feminisation of male foetuses were observed.

Norethisterone, like other progestogens, caused virilisation of female foetuses in rats and monkeys. After high doses of norethisterone, embryo lethal effects were observed.

Lactation

In lactating rats administered a single oral dose of 30 mg/kg radiolabelled relugolix on post-partum day 14, relugolix and/or its metabolites were present in milk at concentrations up to 10-fold higher than in plasma at 2 hours post-dose decreasing to low levels by 48 hours post-dose. The majority of relugolix-derived radioactivity in milk consisted of unchanged relugolix.

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Lactose monohydrate
Mannitol (E421)
Sodium starch glycolate
Hydroxypropyl cellulose (E463)
Magnesium stearate (E572)
Hypromellose type 2910 (E464)
Titanium dioxide (E171)
Triacetin (E1518)
Iron oxide yellow (E172)

6.2 Incompatibilities

Not applicable.

6.3 Shelf life

2 years

6.4 Special precautions for storage

This medicinal product does not require any special storage condition.

6.5 Nature and contents of container

Ryeqo tablets are packaged in high-density polyethylene (HDPE) bottles with desiccant and closed with an induction-sealed child-resistant polypropylene cap. Each bottle contains 28 tablets.

6.6 Special precautions for disposal and other handling

Ryeqo tablets no longer required must not be disposed via wastewater or household waste. The hormonal active compounds in the tablet may have harmful effects if reaching the aquatic environment. The tablets must be returned to the pharmacy or disposed of in another safe way according to local requirements. These measures will help protect the environment.

7. MARKETING AUTHORISATION HOLDER

Gedeon Richter Plc.
Gyömrői út 19-21,
1103 Budapest,
Hungary

8. MARKETING AUTHORISATION NUMBER(S)

EU/0/00/000/000

9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

Date of first authorisation:

10. DATE OF REVISION OF THE TEXT

Detailed information on this medicinal product is available on the website of the European Medicines Agency <http://www.ema.europa.eu>.

ANNEX II

- A. MANUFACTURER(S) RESPONSIBLE FOR BATCH RELEASE**
- B. CONDITIONS OR RESTRICTIONS REGARDING SUPPLY AND USE**
- C. OTHER CONDITIONS AND REQUIREMENTS OF THE MARKETING AUTHORISATION**
- D. CONDITIONS OR RESTRICTIONS WITH REGARD TO THE SAFE AND EFFECTIVE USE OF THE MEDICINAL PRODUCT**

A. MANUFACTURER(S) RESPONSIBLE FOR BATCH RELEASE

Name and address of the manufacturer(s) responsible for batch release

Millmount Healthcare Limited
Block 7, City North Business Campus, Stamullen
Co. Meath, K32 YD60
Ireland

Gedeon Richter Plc.
Gyömrői út 19-21,
1103 Budapest,
Hungary

B. CONDITIONS OR RESTRICTIONS REGARDING SUPPLY AND USE

Medicinal product subject to medical prescription.

C. OTHER CONDITIONS AND REQUIREMENTS OF THE MARKETING AUTHORISATION

- **Periodic safety update reports (PSURs)**

The requirements for submission of PSURs for this medicinal product are set out in the list of Union reference dates (EURD list) provided for under Article 107c(7) of Directive 2001/83/EC and any subsequent updates published on the European medicines web-portal.

The marketing authorisation holder (MAH) shall submit the first PSUR for this product within 6 months following authorisation.

D. CONDITIONS OR RESTRICTIONS WITH REGARD TO THE SAFE AND EFFECTIVE USE OF THE MEDICINAL PRODUCT

- **Risk management plan (RMP)**

The marketing authorisation holder (MAH) shall perform the required pharmacovigilance activities and interventions detailed in the agreed RMP presented in Module 1.8.2 of the marketing authorisation and any agreed subsequent updates of the RMP.

An updated RMP should be submitted:

- At the request of the European Medicines Agency;
- Whenever the risk management system is modified, especially as the result of new information being received that may lead to a significant change to the benefit/risk profile or as the result of an important (pharmacovigilance or risk minimisation) milestone being reached.

- **Additional risk minimisation measures**

ANNEX III
LABELLING AND PACKAGE LEAFLET

A. LABELLING

PARTICULARS TO APPEAR ON THE OUTER PACKAGING

OUTER CARTON

1. NAME OF THE MEDICINAL PRODUCT

Ryeqo 40 mg/1 mg/0.5 mg film-coated tablets
relugolix/estradiol/norethisterone acetate

2. STATEMENT OF ACTIVE SUBSTANCE(S)

Each film-coated tablet contains 40 mg relugolix, 1 mg estradiol (as hemihydrate) and 0.5 mg norethisterone acetate.

3. LIST OF EXCIPIENTS

Also contains lactose monohydrate.
See leaflet for further information.

4. PHARMACEUTICAL FORM AND CONTENTS

Film-coated tablets

28 film-coated tablets

5. METHOD AND ROUTE(S) OF ADMINISTRATION

Read the package leaflet before use.
Oral use.

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children.

7. OTHER SPECIAL WARNING(S), IF NECESSARY

Do not swallow the desiccant.

8. EXPIRY DATE

EXP

9. SPECIAL STORAGE CONDITIONS

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Gedeon Richter Plc.
Gyömrői út 19-21.
1103 Budapest
Hungary

12. MARKETING AUTHORISATION NUMBER(S)

EU/0/00/000/000

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

16. INFORMATION IN BRAILLE

ryeqo

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included.

18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

PC
SN
NN

**MINIMUM PARTICULARS TO APPEAR ON SMALL IMMEDIATE PACKAGING UNITS
BOTTLE**

1. NAME OF THE MEDICINAL PRODUCT AND ROUTE(S) OF ADMINISTRATION

Ryeqo 40 mg/1 mg/0.5 mg film-coated tablets
relugolix/estradiol/norethisterone acetate

2. METHOD OF ADMINISTRATION

3. EXPIRY DATE

EXP

4. BATCH NUMBER

Lot

5. CONTENTS BY WEIGHT, BY VOLUME OR BY UNIT

28 tablets

6. OTHER

Also contains lactose monohydrate. See leaflet for further information.

Do not swallow the desiccant.

Gedeon Richter Plc.

B. PACKAGE LEAFLET

Package leaflet: Information for the user

Ryeqo 40 mg/1 mg/0.5 mg film-coated tablets relugolix/estradiol/norethisterone acetate

▼ This medicine is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects you may get. See the end of section 4 for how to report side effects.

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What Ryeqo is and what it is used for
2. What you need to know before you take Ryeqo
3. How to take Ryeqo
4. Possible side effects
5. How to store Ryeqo
6. Contents of the pack and other information

1. What Ryeqo is and what it is used for

Ryeqo contains the active substances relugolix, estradiol and norethisterone acetate. It is used to treat moderate to severe symptoms of uterine fibroids (commonly known as myomas), which are non-cancerous tumours of the uterus (womb). Ryeqo is used in adult women (over 18 years of age) before they reach menopause.

In some women, uterine fibroids may cause heavy menstrual bleeding (your ‘period’) and pelvic pain (pain below the belly button). It is used for the treatment of your fibroids to stop or reduce bleeding and to decrease pain and pelvic discomfort associated with uterine fibroids.

This medicine contains relugolix, which blocks certain receptors in the brain and this reduces the production of hormones that in turn stimulate the ovaries to produce estradiol and progesterone. When blocked, the levels of estrogen and progesterone circulating in the body are reduced. This medicine also contains two types of female hormones, estradiol which belongs to a group of medicines called estrogens and norethisterone which belongs to a group of medicines called progestogens. The inclusion of these hormones in Ryeqo maintains a hormonal state similar to the beginning of your menstrual cycle and thus relieves your symptoms while helping to protect the strength of your bones.

2. What you need to know before you take Ryeqo

Do not take Ryeqo

Do not take Ryeqo if you have any of the conditions listed below.

If you do have any of the conditions listed below, you must tell your doctor:

- if you are **allergic** to relugolix, estradiol, norethisterone acetate or any of the other ingredients of this medicine (listed in section 6).
- if you have or previously have had a **blood clot in a blood vessel** in the legs (deep vein thrombosis), lungs (pulmonary embolism), heart (heart attack), brain (stroke) or any other parts of the body.

- if you have or previously have had a disease caused by blood clots in the arteries, such as a **heart attack, stroke or angina**.
- if you have a **blood clotting disorder** (such as protein C deficiency, protein S deficiency, antithrombin-III deficiency, or Factor V Leiden).
- if you have **osteoporosis**
- if you suffer from **headaches** with focal neurological symptoms such as paralysis or loss of muscle control, or **migraines** with visual disturbance.
- if you have any type of **cancer** which might be made worse by exposure to female sex hormones, such as **cancer of the breast or the genital organs**.
- if you have or ever had **liver tumours**.
- if you have or ever had a **liver disease** and your **liver function tests** have not returned to normal.
- if you are **pregnant** or if you think you **might be pregnant** or if you are **breastfeeding**.
- if you have any **genital bleeding** of unknown origin.
- if you are taking **hormonal contraception** (for example birth control pills) and unwilling to discontinue its use.

If any of the above conditions appear for the first time while taking Ryeqo, stop taking it at once and consult your doctor immediately.

If you are not sure about any of the points above, talk to your doctor before taking Ryeqo.

Warnings and precautions

Talk to your doctor or pharmacist before taking Ryeqo.

You should know that most women have reduced or no menstrual bleeding (period) during treatment and for a few weeks afterwards.

Your doctor will discuss your medical and family history with you. Your doctor will also need to check your blood pressure and make sure you are not pregnant. You may also need a physical examination and additional checks, such as breast examination and a scan to measure how strong your bones are, that will be specific to your medical needs and/or concerns.

Stop taking Ryeqo and get urgent medical attention if you notice:

- any of the conditions mentioned in the “Do not take Ryeqo” section.
- if you notice signs of **liver disease**:
 - yellowing of your skin or the whites of your eyes (jaundice).
 - nausea or vomiting, fever, severe tiredness.
 - dark urine, itching or upper abdominal pain.
- a large rise in your **blood pressure** (symptoms may be headache, tiredness, dizziness).
- **migraine** for the first time or unusually bad **headaches** occurring more often than before.
- if you notice possible signs of a **blood clot** that may mean you are suffering from a clot in the leg (i.e. deep vein thrombosis), or in the lung (i.e. pulmonary embolism), a heart attack or a stroke. For a description of the symptoms of these serious conditions please go to ‘Ryeqo and Risk of blood clots’.
- if you become **pregnant**.

Tell your doctor if any of the following conditions apply to you:

- if you have one or more of the **risk factors for developing a blood clot** listed below.
- if you have **high blood pressure**.
- if you have **osteoporosis**
- if you suffer from **migraines**.
- if you think you might be **pregnant**. Treatment with Ryeqo usually leads to a significant reduction or may even stop your menstrual bleeding (your ‘period’), making it difficult to recognise pregnancy.
- if you have or previously suffered from **depression**.
- if you have **renal (kidney) disease**.

Ryeqo and risk of blood clots

The use of other medicines containing an estrogen and a progestogen increases the risk of blood clots. The risk of blood clots with Ryeqo has not been established. Ryeqo reduces the estrogen to levels similar to those at the beginning of your normal menstrual cycle.

Factors that can increase your risk of a blood clot in your vein and/or artery:

- as you get **older** (particularly above about 35 year of age).
- if you are overweight (body mass index > **30 kg/m²**).
- if you have had **major surgery** or **prolonged time off your feet** (e.g. your leg is in a cast).
- if you have **recently given birth**.
- if anyone in your close family has had a **blood clot in the leg, lung or other organ**, a **heart attack** or a **stroke at a young age** (e.g. below the age of 50 years).
- if you **smoke**.
- if you have a problem with your heart (**valve disorder**, disturbance of the rhythm called **atrial fibrillation**).
- if you have **diabetes**.
- if you have certain medical conditions such as **systemic lupus erythematosus** (SLE - a disease affecting your natural defence system), **sickle cell disease** (an inherited disease of the red blood cells), **Crohn's disease** or **ulcerative colitis** (chronic inflammatory bowel diseases), or **cancer**.

The risk of developing a blood clot increases the more factors you have.

The symptoms of a blood clot will depend on where the blood clot has occurred.

*Symptoms of a blood clot in your leg (**deep vein thrombosis; DVT**)*

The symptoms of a blood clot in the leg known as a deep vein thrombosis (DVT) can include:

- swelling in your leg and/or foot or along a vein in your leg.
- pain or tenderness in your leg which feels worse when you stand up or are walking.
- increased heat in the affected leg with red or discoloured skin.

*Symptoms of a blood clot in your lung (**pulmonary embolism; PE**)*

The symptoms of a blood clot in the lung known as a pulmonary embolism (PE) can include:

- a sudden onset of unexplained shortness of breath or rapid breathing.
- sudden coughing which may be associated to a sharp pain in your chest.
- coughing up of blood.
- severe dizziness or feeling lightheaded.
- a rapid or irregular heartbeat.

*Symptoms of a **heart attack***

The symptoms of a heart attack, also known as a myocardial infarction, may be temporary and can include:

- pain, discomfort, pressure, heaviness, sensation of squeezing or fullness in your chest, arm, or below your breastbone.
- discomfort radiating to your back, jaw, throat, arm, stomach.
- feeling of being full, having indigestion or choking.
- sweating, nausea, vomiting or dizziness.
- extreme weakness, anxiety, or shortness of breath.
- rapid or irregular heartbeats.

*Symptoms of a **stroke***

The symptoms of a stroke can include:

- a sudden numbness or weakness in your face, arm or leg, especially on one side of your body.
- sudden trouble walking, dizziness, loss of balance or coordination.
- sudden confusion, trouble speaking or understanding others.
- sudden trouble seeing in one or both of your eyes.

- sudden, severe or prolonged headache with no known cause.
- losing consciousness or fainting with or without a seizure.

Surgery

If you are going to have surgery, tell the surgeon that you are taking Ryeqo.

Liver tumours or liver disease

In rare cases liver tumours or liver disease has been reported in women taking estrogens and progestogens. If you experience any symptoms of jaundice contact your doctor for further medical advice.

Renal (kidney) impairment

If you experience any decrease in urine production or notice any fluid retention causing swelling in your legs, ankles or feet, please contact your doctor for further medical advice.

Change in menstrual bleeding pattern (your ‘period’)

Treatment with Ryeqo usually leads to a significant reduction or may even stop your menstrual bleeding (your ‘period’) within the first 30 days of treatment. However, if you continue to experience excessive bleeding, tell your doctor.

Depression

If you experience mood changes or any depressive symptoms contact your doctor for further medical advice.

Increased blood pressure

In rare cases treatment with Ryeqo may lead to small increases in blood pressure. If you experience any symptoms of increased blood pressure, contact your doctor for further medical advice.

Uterine fibroid prolapse and expulsion

Uterine fibroids may develop anywhere within the muscular wall of the uterus, including the submucosa, a thin layer of tissue in the uterus. In some women, the uterine fibroid may protrude or slip through the cervix into the vagina and may lead to significant worsening of uterine bleeding or pain. If you re-experience severe uterine bleeding after your symptoms have improved while being treated with Ryeqo, contact your doctor for medical advice.

Gallbladder disorders

Some women taking estrogen and progestogen hormones including Ryeqo have reported gallbladder disorders (gallstones or inflammation of your gallbladder). If you experience unusually severe pain below your rib cage or in your upper abdomen contact your doctor for medical advice.

Children and adolescents

Ryeqo should not be taken by children under 18 years of age since the safety and efficacy of Ryeqo has not been established in this age group.

Other medicines and Ryeqo

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

Talk to your doctor if you are taking any of the medicines listed below, as these medicines can affect Ryeqo or be affected by Ryeqo:

- Certain medicines used to treat **epilepsy** (e.g. carbamazepine, topiramate, phenytoin, phenobarbital, primidone, oxcarbazepine, felbamate).
- Certain medicines used to treat human immunodeficiency virus infection/ acquired immunodeficiency syndrome (**HIV/AIDS**) (e.g. ritonavir, efavirenz,).
- Certain medicines used to treat **Hepatitis C virus (HCV)** (e.g. boceprevir, sofosbuvir, velpatasvir, voxilaprevir, telaprevir, glecaprevir).

- Certain medicines used to treat **fungal infections** (e.g. ketoconazole, itraconazole, fluconazole, griseofulvin).
- Certain medicines used to treat **bacterial infections** (e.g. rifampicin, rifabutin, clarithromycin, erythromycin, gentamicin, tetracycline, griseofulvin).
- Certain medicine used to treat **high blood pressure in the arteries in the lung** (e.g. bosentan).
- Certain medicines used to treat **high blood pressure** (e.g. diltiazem, carvedilol, verapamil).
- Certain medicines used to treat **irregular heartbeats** (e.g. amiodarone, dronedarone, propafenone, quinidine, verapamil).
- Certain medicines used to treat **angina** (e.g. ranolazine, carvedilol, verapamil).
- Certain medicines to prevent organ rejection **after transplantation** (e.g. cyclosporine).
- Herbal remedies containing **St John's wort** (*Hypericum perforatum*).

Pregnancy and breast-feeding

Do not take Ryeqo if you are pregnant or breast-feeding. If you think you may be pregnant or are planning to have a baby, ask your doctor for advice before taking this medicine. If you become pregnant, stop taking Ryeqo and contact your doctor.

Ryeqo stops ovulation and thus you are not likely to become pregnant while using Ryeqo if used as recommended. Ovulation and menstrual bleeding will return rapidly after discontinuing Ryeqo and alternative birth control needs to be started immediately after discontinuation of Ryeqo.

Depending on when in your cycle you start taking Ryeqo, it may take time to obtain the full inhibition of ovulation by Ryeqo; therefore, nonhormonal birth control (e.g. condoms) should be used for the first month after starting Ryeqo.

If you miss your doses for 2 or more consecutive days, nonhormonal birth control (e.g. condoms) should be used for the next 7 days of treatment.

Driving and using machines

Ryeqo has no known effect on the ability to drive and use machines.

Laboratory tests

If you need a blood or urine test, tell your doctor or the laboratory staff that you are taking Ryeqo because this medicine can affect the results of some tests.

Ryeqo contains lactose

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

3. How to take Ryeqo

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is one tablet per day.

The tablet must be taken orally every day, at about the same time, with or without food with a little liquid.

It is recommended that you start taking Ryeqo within the first 5 days after the start of bleeding due to your period. If you start at another time of your menstrual cycle, you may initially experience irregular or heavier bleeding.

If you take more Ryeqo than you should

There have been no reports of serious harmful effects from taking several doses of this medicine at once. Large doses of estrogen may cause nausea and vomiting, and vaginal bleeding. If you have taken too many Ryeqo tablets ask your doctor or pharmacist for advice.

If you forget to take Ryeqo

If you miss a dose, take it as soon as you remember and then resume taking your tablet the next day as usual. Do not take a double dose to make up for a forgotten tablet.

If you stop taking Ryeqo

If you would like to stop taking Ryeqo, talk to your doctor first. Your doctor will explain the effects of stopping treatment and discuss other possibilities with you.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

The following side effects have been reported with Ryeqo and are listed below according to the frequency which they occur.

Common side effects (may affect up to 1 in 10 people):

- hot flush.
- excessive, irregular, or prolonged bleeding from the womb (uterine bleeding).
- hair loss.
- decreased interest in sex.
- irritability.
- increased sweating.
- a lump in the breast tissue (breast cyst).
- indigestion.
- night sweats.

Uncommon side effects (may affect up to 1 in 100 people):

- uterine myoma expulsion (fibroid comes out either completely or partially through the vagina, usually with increased bleeding from the vagina).

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via [the national reporting system listed in Appendix V](#). By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Ryeqo

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on both the outer carton and bottle after EXP. The expiry date refers to the last day of that month.

This medicine does not require any special storage condition.

Do not throw away any medicines via wastewater or household waste. The hormonal active compounds in the tablet may have harmful effects if reaching the aquatic environment. Ask your

pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Ryeqo contains

- The active substances are relugolix, estradiol and norethisterone acetate. One film-coated tablet contains 40 mg relugolix, 1 mg estradiol and 0.5 mg norethisterone acetate.
- The other ingredients are lactose monohydrate, mannitol (E421), sodium starch glycolate, hydroxypropyl cellulose (E463), magnesium stearate (E572), hypromellose type 2910 (E464), titanium dioxide (E171), triacetin (E1518), iron oxide yellow (E172).

What Ryeqo looks like and contents of the pack

Ryeqo is light yellow to yellow, round, film-coated tablet of 8 mm with “415” on one side, and plain faced on the other side. It is available in bottles containing 28 film-coated tablets. Each bottle also contains desiccant and enclosed with an induction-sealed, child-resistant cap.

Marketing Authorisation Holder

Gedeon Richter Plc.
Gyömrői út 19-21.
1103 Budapest
Hungary

Manufacturer (batch release sites)

Millmount Healthcare Limited
Block 7, City North Business Campus, Stamullen
Co. Meath, K32 YD60
Ireland

Gedeon Richter Plc.
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This leaflet was last revised in.

Other sources of information

Detailed information on this medicine is available on the European Medicines Agency web site:
<http://www.ema.europa.eu>.